## 

Plate Method: Draw a line from each food to the appropriate section on the plate.


Bean burrito with beans, cheese, and onions


Pintos and cheese


Mexican rice


Original taco

Taco Salad Express with ground beef, cheese, beans, lettuce, green onions, tomatoes, and sour cream


Chicken quesadilla


Zesty chicken border bowl

## 

Plate Method: Draw a line from each food to the appropriate section on the plate.


Chicken McNuggets


Hamburger Buns


1\% Milk, 1\% Chocolate Milk


Cobb Salad


Grilled Chicken Sandwich


Grilled Chicken Caesar Salad


Fruit \& Yogurt Parfait


Garden Side Salad


Mixed Plate (BBQ)


Vegetable Ramen


[^0]
Plate Method: Draw a line from each food to the appropriate section on the plate.



Canned String Beans


Pretzels

Plate Method: Draw a line from each food to the appropriate section on the plate.


Ritz Crackers


Triscuit Crackers


Wheat Bread

Butter Beans


## 

Plate Method: Draw a line from each food to the appropriate section on the plate.

Fruit Cups


Sweet Potato Manapua


Garlic Hot Dog


Big Bite (Hot Dog)



[^0]:    Loco Moco Plate

